We claim:

- 1. A crystalline choline ascorbate 5
 - 2. A crystalline choline ascorbate as claimed in claim 1 in the form of crystals free from water of crystallization.
- 3. A crystalline choline ascorbate as claimed in either of claims 1 or 2, wherein the diffraction lines at d = 3.80 ${\rm \AA}$ and 4.55 ${\rm \AA}$ are most intense in the range between 3.40 and 4.70 ${\rm \AA}$ in the 2 ${\rm \Theta}$ X-ray powder diffractogram
- 4. A crystalline choline ascorbate as claimed in claim 3, where- in the intensity ratio of the diffraction lines at d = 3.80 $\rm \mathring{A}$ and d = 4.55 $\rm \mathring{A}$ is at least 0.5.
- A crystalline choline ascorbate as claimed in claim 3, wherein the intensity ratio of the diffraction lines at d = 3.80 Å and d = 4.67 Å is at least 0.4.
 - 6. A process for preparing crystalline choline ascorbate by reacting ascorbic acid with trimethylamine and ethylene oxide, which comprises carrying out the reaction in the temperature range from $-10\,^{\circ}\text{C}$ to $40\,^{\circ}\text{C}$.
 - A process as claimed in claim 6, wherein the reaction is carried out in a water-miscible organic solvent.
- 30 8. A process as claimed in claim 7, wherein choline ascorbate is crystallized in the solvent used for the reaction.
 - A choline ascorbate obtainable by a process defined according to one of claims 6 to 8.
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 10. The use of choline ascorbate defined according to one of claims 1 or 9 for producing drugs.
- 11. The use of choline ascorbate defined according to one of claims 1 or 9 as additive in foods, animal feeds, or as a component in food supplements.

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